

Income and Expenses Worksheet

My Income

Wages \$ _____
Public assistance \$ _____
Child support/Alimony \$ _____
Interest/Dividends \$ _____
Social Security \$ _____
Other \$ _____

Total Income \$ _____

My Expenses

Fixed Expenses

Rent/Mortgage \$ _____
Property taxes/ Insurance \$ _____
Trash collection \$ _____

Car payment \$ _____
Car insurance \$ _____
Other loan payments \$ _____
Health insurance \$ _____
Day care/Elder care \$ _____

Flexible Expenses

Savings \$ _____
Gas/Oil \$ _____
Electricity \$ _____
Water \$ _____
Telephone \$ _____
Food \$ _____
Transportation/Gas \$ _____
Car maintenance \$ _____
Education \$ _____
Personal expenses \$ _____
Other \$ _____

Total Expenses \$ _____

* Remember to plan for income and expenses that do not occur on a monthly basis.